



January 2021



*MILK w/ Breakfast, AM Snack & Lunch
 *Water for PM snacks

Kid's World Learning Center 16210 West Rd Houston TX 77095 ~ 281-861-2588 www.KidsWorldCyFair.com

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Happy New Year! No School!
4 Breakfast: Pancakes & Raisins Snack: Multi Grain Crackers & Apple Sauce Lunch: Grilled Cheese Sandwich, Peas, Pineapple Tidbits Snack: Tortilla Chips & Salsa	5 Breakfast: Cheerios Cereal & Orange Snack: Rice Cracker & Cucumber Lunch: Chicken Pasta, Corn, Mixed Fruit Snack: Graham Crackers & Orange Slices	6 Breakfast: Cinnamon Muffins & Apples Snack: Strawberry Yogurt & Pretzels Lunch: Hamburger w/Salad & Peaches Snack: Banana & Goldfish Crackers	7 Breakfast: French Toast & Bananas Snack: Baked Multi Grain Wheat Crisps & Apple Sauce Lunch: Homemade Chicken Broccoli Rice Cheese Casserole Green Bean & Pears Snack: Apples & Crackers	8 Breakfast: Life Cereal & Banana Snack: Cheese & Crackers Lunch: Turkey Sandwich w/Salad & Mixed Fruit Snack: KWLC Snack Mix
11 Breakfast: Pancakes & Raisins Snack: Carrots w/ Ranch & Saltine Crackers Lunch: Chicken Nuggets, Peas, Applesauce Snack: Gold Fish Crackers & Apple Slices	12 Breakfast: Cheerios Cereal & Raisins Snack: Pizza Cheese Toast Lunch: Beef Spaghetti, Corn & Mixed Fruit Snack: Pretzels & Orange Slices	13 Breakfast: Cinnamon Muffin & Apples Snack: Cheese & Crackers Lunch: Beef & Mixed Vegetable Shepherd's Pie, & Pineapple Tidbits Snack: Tortilla Chips & Salsa	14 Breakfast: Waffles & Bananas Snack: Cucumber w/ Ranch & Crackers Lunch: Grilled Cheese, Carrots & Peaches Snack: Graham Cracker & Banana	15 Breakfast: Life Cereal & Banana Snack: Strawberry Yogurt & Crackers Lunch: Turkey Sandwich w/Salad & Mixed Fruit Snack: KWLC Snack Mix
18 Breakfast: Pancakes & Raisins Snack: Baked Multi Grain Wheat Crisps & Apple Sauce Lunch: Grilled Cheese, Mixed Veggies & Mixed Fruit Snack: Tortilla Chips and Salsa	19 Breakfast: Cheerios Cereal & Apples Snack: Saltine Crackers & Cheese Lunch: Homemade Cheese Pizza, Peas & Peaches Snack: Graham Crackers & Orange Slices	20 Breakfast: Blueberry Muffin & Apples Snack: Carrots, Ranch Dressing & Rice Crackers Lunch: Beefy Mac, Salad & Mixed Fruit Snack: Banana & Gold Fish Crackers	21 Breakfast: French Toast & Bananas Snack: Lunch: Cheese Quesadilla, Mixed Veggies, Apple Sauce Snack: Orange Slices & Pretzels	22 Breakfast: Life Cereal & Banana Snack: Graham Crackers & Banana Lunch: Turkey Roll Up w/Salad & Mixed Fruit Snack: KWLC Snack Mix
25 Breakfast: Pancakes & Raisins Snack: Saltine Crackers & Cheese Lunch: Chicken Nuggets, Salad & Peaches Snack: Gold Fish Crackers & Apple Slices	26 Breakfast: Cheerios Cereal & Raisins Snack: Carrots w/Ranch & Crackers Lunch: Mac & Cheese, Broccoli & Mandarin Oranges Snack: Tortilla Chips & Salsa	27 Breakfast: Cheerios Cereal & Raisins Snack: Cheese Toast w/Ranch & Crackers Lunch: Cheese Quesadilla, Broccoli & Pear Snack: Orange Slices & Crackers	28 Breakfast: Waffles & Bananas Snack: Cucumbers w/ Ranch & Multi Grain Crackers Lunch: Chicken Fried Rice, Green Beans & Apple Sauce Snack: Apple Slices & Pretzels	29 Breakfast: Life Cereal & Raisins Snack: Strawberry Yogurt & Crackers Lunch: Turkey Sandwich Melt, Salad & Mixed Fruit Snack: KWLC Snack Mix

**If your child has any dietary restrictions or special dietary needs, please notify the front desk and provide an alternative for your child on those days.