



# August 2020 Bistro Menu

\*MILK w/ Breakfast, AM Snack & Lunch

\*Water for PM snacks

Kid's World Learning Center 16210 West Rd Houston TX 77095 ~ 281-861-2588 [www.KidsWorldCyFair.com](http://www.KidsWorldCyFair.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Breakfast: Pancakes &amp; Raisins            Snack: Saltine Crackers &amp; Cheese            Lunch: Chicken Nuggets, Mashed potatoes &amp; Peaches            Snack: Gold Fish Crackers &amp; Apple Slices</p>	<p>4 Breakfast: Cheerios Cereal &amp; Raisins            Snack: Carrots w/Ranch &amp; Crackers            Lunch: Mac &amp; Cheese, Broccoli &amp; Apple Sauce            Snack: Orange Slices &amp; Crackers</p>	<p>5 Breakfast: Blueberry Muffin &amp; Apples            Snack: Cucumber w/ Ranch &amp; Saltine Crackers            Lunch: Chicken Pasta, Carrots &amp; Mixed Fruit            Snack: Tortilla Chips &amp; Salsa</p>	<p>6 Breakfast: Waffles &amp; Bananas            Snack: Pizza Toast Bites            Lunch: Homemade Beefy Mac, Green Beans &amp; Pear            Snack: Apple Slices &amp; Pretzels</p>	<p>7 Breakfast: Life Cereal &amp; Raisins            Snack: Strawberry Yogurt &amp; Crackers            Lunch: Turkey Sandwich, Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>10 A-Breakfast: Pancakes &amp; Raisins            Snack: Multi Grain Crackers &amp; Apple Sauce            Lunch: Grilled Cheese Sandwich, Peas, Pineapple Tidbits            Snack: Tortilla Chips &amp; Salsa</p>	<p>11 Breakfast: Cheerios Cereal &amp; Orange            Snack: Rice Cracker &amp; Cucumber            Lunch: Turkey Roll Up, Mixed Veggies, Mixed Fruit            Snack: Graham Crackers &amp; Orange Slices</p>	<p>12 Breakfast: Cinnamon Muffins &amp; Apples            Snack: Cheese Toast            Lunch: Chicken Nuggets w/Salad &amp; Peaches            Snack: Banana &amp; Goldfish Crackers</p>	<p>13 Breakfast: French Toast &amp; Bananas            Snack: Turkey Roll up            Lunch: Cheese Quesadilla, Green Bean &amp; Peaches            Snack: Strawberry Yogurt &amp; Pretzels</p>	<p>14 Breakfast: Cheerios Cereal &amp; Banana            Snack: Cheese &amp; Crackers            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack</p>
<p>17 Breakfast: Pancakes &amp; Raisins            Snack: Carrots w/ Ranch &amp; Saltine Crackers            Lunch: Chicken Nuggets, Peas, Applesauce            Snack: Gold Fish Crackers &amp; Apple Slices</p>	<p>18 Breakfast: Cheerios Cereal &amp; Raisins            Snack: Pizza Cheese Toast            Lunch: Beef Spaghetti, Corn &amp; Mixed Fruit            Snack: Pretzels &amp; Orange Slices</p>	<p>19 Breakfast: Cinnamon Muffin &amp; Apples            Snack: Cheese &amp; Crackers            Lunch: Chicken Pasta, Broccoli &amp; Pineapple Tidbits            Snack: Tortilla Chips &amp; Salsa</p>	<p>20 Breakfast: Waffles &amp; Bananas            Snack: Cucumber w/ Ranch &amp; Crackers            Lunch: Grilled Cheese, Corn &amp; Peaches            Snack: Graham Cracker &amp; Banana</p>	<p>21 Breakfast: Life Cereal &amp; Banana            Snack: Strawberry Yogurt &amp; Crackers            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>24 C-Breakfast: Pancakes &amp; Raisins            Snack: Baked Multi Grain Wheat Crisps &amp; Apple Sauce            Lunch: Homemade Cheese Pizza, Pears &amp; Mixed Veggies            Snack: Tortilla Chips and Salsa</p>	<p>25 Breakfast: Cheerios Cereal &amp; Apples            Snack: Saltine Crackers &amp; Cheese            Lunch: Chicken Fried Rice, Corn &amp; Mixed Fruit            Snack: Graham Crackers &amp; Orange Slices</p>	<p>26 Breakfast: Blueberry Muffin &amp; Apples            Snack: Cheese Toast            Lunch: Homemade Beef Tater Tot Casserole, Green Beans &amp; Pears            Snack: Banana &amp; Gold Fish Crackers</p>	<p>27 Breakfast: French Toast &amp; Bananas            Snack: Turkey Roll Up            Lunch: Grilled Cheese, Mixed Veggies, Apple Sauce            Snack: Orange Slices &amp; Pretzels</p>	<p>28 Breakfast: Life Cereal &amp; Banana            Snack: Graham Crackers &amp; Banana            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>31 Breakfast: Pancakes &amp; Raisins            Snack: Saltine Crackers &amp; Cheese            Lunch: Chicken Nuggets, Mashed potatoes &amp; Peaches            Snack: Gold Fish Crackers &amp; Apple Slices</p>				

\*\*If your child has any dietary restrictions or special dietary needs, please notify the front desk and provide an alternative for your child on those days.



# September 2020 Bistro

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Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Breakfast: Cheerios Cereal &amp; Raisins            Snack: Carrots w/Ranch &amp; Crackers            Lunch: Mac &amp; Cheese, Broccoli &amp; Apple Sauce            Snack: Orange Slices &amp; Crackers</p>	<p>2 Breakfast: Blueberry Muffin &amp; Apples            Snack: Cucumber w/ Ranch &amp; Saltine Crackers            Lunch: Chicken Pasta, Carrots &amp; Mixed Fruit            Snack: Tortilla Chips &amp; Salsa</p>	<p>3 Breakfast: Waffles &amp; Bananas            Snack: Pizza Toast Bites            Lunch: Homemade Beefy Mac, Green Beans &amp; Pear            Snack: Apple Slices &amp; Pretzels</p>	<p>4 Breakfast: Life Cereal &amp; Raisins            Snack: Strawberry Yogurt &amp; Crackers            Lunch: Turkey Sandwich, Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>7   <b>Labor Day            No School</b></p>	<p>8 Breakfast: Cheerios Cereal &amp; Orange            Snack: Rice Cracker &amp; Cucumber            Lunch: Turkey Roll Up, Mixed Veggies, Mixed Fruit            Snack: Graham Crackers &amp; Orange Slices</p>	<p>9 Breakfast: Cinnamon Muffins &amp; Apples            Snack: Cheese Toast            Lunch: Chicken Nuggets w/Salad &amp; Peaches            Snack: Banana &amp; Goldfish Crackers</p>	<p>10 Breakfast: French Toast &amp; Bananas            Snack: Turkey Roll up            Lunch: Cheese Quesadilla, Green Bean &amp; Peaches            Snack: Strawberry Yogurt &amp; Pretzels</p>	<p>11 Breakfast: Cheerios Cereal &amp; Banana            Snack: Cheese &amp; Crackers            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack</p>
<p>14 Breakfast: Pancakes &amp; Raisins            Snack: Carrots w/ Ranch &amp; Saltine Crackers            Lunch: Chicken Nuggets, Peas, Applesauce            Snack: Gold Fish Crackers &amp; Apple Slices</p>	<p>15 Breakfast: Cheerios Cereal &amp; Raisins            Snack: Pizza Cheese Toast            Lunch: Beef Spaghetti, Corn &amp; Mixed Fruit            Snack: Pretzels &amp; Orange Slices</p>	<p>16 Breakfast: Cinnamon Muffin &amp; Apples            Snack: Cheese &amp; Crackers            Lunch: Chicken Pasta, Broccoli &amp; Pineapple Tidbits            Snack: Tortilla Chips &amp; Salsa</p>	<p>17 Breakfast: Waffles &amp; Bananas            Snack: Cucumber w/ Ranch &amp; Crackers            Lunch: Grilled Cheese, Corn &amp; Peaches            Snack: Graham Cracker &amp; Banana</p>	<p>18 Breakfast: Life Cereal &amp; Banana            Snack: Strawberry Yogurt &amp; Crackers            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>21 C-Breakfast: Pancakes &amp; Raisins            Snack: Baked Multi Grain Wheat Crisps &amp; Apple Sauce            Lunch: Homemade Cheese Pizza, Pears &amp; Mixed Veggies            Snack: Tortilla Chips and Salsa</p>	<p>22 Breakfast: Cheerios Cereal &amp; Apples            Snack: Saltine Crackers &amp; Cheese            Lunch: Chicken Fried Rice, Corn &amp; Mixed Fruit            Snack: Graham Crackers &amp; Orange Slices</p>	<p>23 Breakfast: Blueberry Muffin &amp; Apples            Snack: Cheese Toast            Lunch: Homemade Beef Tater Tot Casserole, Green Beans &amp; Pears            Snack: Banana &amp; Gold Fish Crackers</p>	<p>24 Breakfast: French Toast &amp; Bananas            Snack: Turkey Roll Up            Lunch: Grilled Cheese, Mixed Veggies, Apple Sauce            Snack: Orange Slices &amp; Pretzels</p>	<p>25 Breakfast: Life Cereal &amp; Banana            Snack: Graham Crackers &amp; Banana            Lunch: Turkey Sandwich w/Salad &amp; Mixed Fruit            Snack: KWLC Snack Mix</p>
<p>28 Breakfast: Pancakes &amp; Raisins            Snack: Saltine Crackers &amp; Cheese            Lunch: Chicken Nuggets, Mashed potatoes &amp; Peaches            Snack: Gold Fish Crackers &amp; Apple Slices</p>	<p>29 Breakfast: Cheerios Cereal &amp; Raisins            Snack: Carrots w/Ranch &amp; Crackers            Lunch: Mac &amp; Cheese, Broccoli &amp; Apple Sauce            Snack: Orange Slices &amp; Crackers</p>	<p>30 Breakfast: Blueberry Muffin &amp; Apples            Snack: Cucumber w/ Ranch &amp; Saltine Crackers            Lunch: Chicken Pasta, Carrots &amp; Mixed Fruit            Snack: Tortilla Chips &amp; Salsa</p>		

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